

Reimbursable Over-the-Counter Medications Under the Section 125 Plan

Antacids
Allergy medication
Anti-diarrheal medication, laxatives
Band-aids, bandages, gauze pads, first aid kits
Bug bite medication
Calamine lotion
Cough drops, throat lozenges, sinus medication, nasal sinus spray
Cold medication, pain reliever
Cold/hot packs for injuries, crutches
Contact lens solution, cleaners
Carpal tunnel wrist supports
Condoms, spermicidal foam
Diaper rash ointment
Eye products (such as Visine or saline wash)
First aid creams and ointments, liquid adhesives, topical ointments
Glucosamine/chondroitin for arthritis or other medical condition (requires doctor's statement)
Hemorrhoids creams
Incontinence supplies
Joint/muscle pain medication
Lactose intolerance pills
Menstrual cycle products for pain and cramp relief
Motion sickness pills
Nicotine gum or patches for stop-smoking purposes
Nasal strips for snoring
Orthopedic shoe inserts
Over the counter hormone therapy and treatment for menopausal symptoms (hotflashes, night sweats, etc. – requires doctor's statement)
Pedialyte for ill child's dehydration
Pregnancy test kits
Prenatal vitamins during pregnancy (requires doctor's statement)
Reading glasses
Rubbing alcohol
Sleeping aids
St John's Wort for depression (requires a doctor's statement)
Suppositories
Sunburn cream or ointment
Sunscreen
Supplements, vitamins or herbal treatments to treat medical condition (requires doctor's statement)
Thermometers (ear or mouth)
Wart remover treatments
Weight loss drugs to treat medical condition or obesity (requires doctor's statement)

Not Reimbursable:

Chapped lip treatments

Face creams, moisturizers, suntan lotions

Medicated shampoos and soaps (unless prescribed by a doctor)

Toiletries

Toothbrushes, toothpaste

Vitamins and supplements for maintaining general good health